

SPRING 2015

HEALTHY Outlook

HEALTH NEWS AND HAPPENINGS FOR THE COMMUNITY FROM WOOD COUNTY HOSPITAL



Lung cancer survivor Loretta Maas shares a moment with Erin Foos, radiation therapist at the Maurer Family Cancer Care Center.

Wood County Hospital Firmly On Cutting Edge of Cancer Technology

Now in its second year of operation, the Maurer Family Cancer Care Center continues to bring a world of advanced technology to the people of Wood County and surrounding areas.

“We offer the full spectrum of treatment options giving patients the opportunity to get the best care while staying close to home,” notes Dr. Robert S. Lavey, Medical Director of the Cancer Care Center. “We have the latest radiation therapy planning and treatment equipment and software in one convenient, patient-friendly location.”

The newest marvels of modern medicine at Wood County Hospital are Stereotactic Ablative Radiotherapy, or SABR for short, and Stereotactic Radiosurgery, called SRS. Using SABR and SRS, Dr.

Lavey delivers enough radiation to totally eliminate a tumor in only one to five treatments given in less than one week. The cutting-edge technique is more effective, has less side effects, and takes less time than previous radiation therapy regimens. In contrast, curative radiation therapy treatments typically took six to eight weeks and made the patient sore and fatigued.

SABR and SRS decrease the amount of radiation in the patient’s normal tissues. “They are a tremendous advancement,” Dr. Lavey explains. “We can concentrate the radiation dose more precisely than ever before.” This precision benefits the patient in two ways. First, patients have fewer and

CONTINUED ON PAGE 2



WOOD COUNTY
HOSPITAL

DEPEND ON US.

www.woodcountyhospital.org

PRESIDENT'S Message



At the date of this writing our Hospital has just marked the first anniversary of opening the Maurer Family Cancer Care Center in our community. The Hospital has been thrilled to bring this important clinical service to our rural service area. The Center, under the clinical direction of Dr. Robert Lavey cared for over 100 patients needing Radiation Therapy in the first year. We are tremendously proud of the treatment team at the Center and very pleased with community response.

The Cancer program is a service that was identified in our strategic planning efforts. Those plans indicated a strong interest from people living in Wood and Henry counties to have high quality cancer care available close to home. Similarly, the same plan called for developing a stronger partnership with BGSU that has manifested itself with the Falcon Health Center.

Traditionally our Hospital has carried out a process to identify community health care needs that should be addressed to improve local access, health status needs, and improve patient safety. We jointly do a county wide community health needs assessment every two years with the Wood County Health Department. These focused efforts to identify what services should be provided have helped us continue to serve you better.

As we move forward, the Hospital will continue to work closely with our Medical Staff to recruit and retain physicians here in the right specialties to provide all residents with local access to care. Over the past two years we have been pleased to bring physicians with the following specialties into our community: Pediatrics, Radiation Oncology, Emergency Medicine, Vascular Surgery, Family Medicine, Reconstructive Breast Surgery, and ENT. Look for more of this in the future.

Regardless of the service I still believe that our greatest assets are the people who have committed to serve the community through their work at WCH. Whether they are physicians, nurses, dietary staff, pharmacists, etc. the hospital is blessed with dedicated, capable and caring people throughout the hospital and the Medical Staff. As the Hospital celebrates Hospital Week in May we will recognize all of these great professionals and thank them for being part of what we do.

Sincerely,

A handwritten signature in black ink that reads "Stan Korducki". The signature is written in a cursive, flowing style.

Stanley R. Korducki
President

CONTINUED FROM PAGE 1

milder side effects from treatment. Second, the tumor can be treated with a more effective, larger amount of radiation that has a better probability of killing all the tumor cells in the targeted area. The result can be more people being cured and living longer and happier. In a national clinical trial sponsored by the United States government National Cancer Institute, for example, the complete treatment for people with early stage lung cancer was three dose of SABR given in less than one week. The targeted lung cancer was completely killed in 93% of the patients. 96% of patients had no major side effects.

Shortening the duration of treatment from almost two months to less than one week is a great convenience for patients and their



(Above) Dr. Robert Lavey, radiation oncologist explains to cancer patient Diana Noe the results of her SABR treatment.

(Right) The Maurer Family Cancer Care Center facility.

Cancer of the lung treated with SABR. The colored circles around the lung tumor show the radiation targeting the tumor and avoiding the rest of the patient's lungs, heart, esophagus, artery, and spinal cord.



families. “I have a patient who suffers from severe Parkinson’s disease,” Dr. Lavey says. “It’s very difficult for her to get out of the house for one treatment, let alone 30 to 40 of them. With SABR, we gave her the treatment she needed last year with just 3 doses. She and her husband were minimally inconvenienced and she’s doing great now. Her tumor is completely gone and she has no adverse effects from the treatment.”

An additional benefit of the short duration of SRS and SABR is that they can be given without interrupting a patient’s chemotherapy. Many chemotherapy regimens give the chemotherapy drugs once every two or three weeks. The complete course of SRS or SABR is given to these patients in between their scheduled chemotherapy doses, so there is no delay in their receiving the other therapies fighting their cancer.

Diana Noe, who was diagnosed with pancreatic cancer last year, was one of the first area residents to benefit from this innovative therapy. Diana was treated in five days, in just a few minutes each day.

“For me surgery wasn’t possible,” Diana recalls. “Dr. Lavey recommended this innovative new treatment.” Diana had no side effects from the treatment and later examination of her targeted cancer cells showed that they were all killed.

Another local resident Marilyn Morris, also benefitted from SABR treatment for her lung cancer. But it wasn’t the technology alone that

impressed her. “The room was so pleasant,” she remembers. “Music was playing, and on the ceiling there were windows with green, beautiful leaves. Plus, the people were so incredibly nice. It was very relaxing.” Thanks to Stereotactic Ablative Radiotherapy and the work of her team of specialists, Marilyn’s prognosis is very good. “I’m told that there is a 95% chance that my tumor will never come back again.”

In addition to treating Diana’s pancreas tumor and Marilyn’s lung tumor, Dr. Lavey has used SRS or SABR to treat brain tumors, prostate cancers, and metastases to bones, the brain, and other parts of the body.

“For most any type of cancer, we have a treatment at the Cancer Care Center,” Dr. Lavey says.

Advanced Technology: From Diagnosis to Surgery to Recovery

In addition to SABR and SRS, the Maurer Family Cancer Care Center at Wood County Hospital offers a wide range of advanced services that allow most patients to receive their full continuum of care close to home.

Breast cancer survivor Joan Bonnough is one such patient. “I got my initial mammogram at Wood County,” Joan remembers. “My lump was very high and very deep, and they did a excellent job of finding it. I am so thankful they caught it.”

Soon after her diagnosis, Joan had surgery at Wood County Hospital to remove the lump.

She then followed it up with radiation therapy to her breast. “It was so convenient. The Cancer Care Center

was just a few minutes away, so I didn’t have to miss much work at all.”

All facets of the Cancer Care Center were designed to enhance patient convenience. Unlike many larger facilities, all patient treatment services at Wood County Hospital are in a single location. Dr. Lavey explains the benefits: “With radiation therapy and chemotherapy in one place, patients can see their medical and radiation oncologist at the same time and have questions answered together. The personal contact and communication truly raises the level of care our patients receive.”

A Personal Approach To Care

While technology is at the forefront at Wood County Hospital, most patients will tell you that it’s the doctors, nurses and staff who truly make them feel better.

“When you’re told you have cancer, it’s scary,” says lung cancer survivor Loretta Maas.

“But the staff at Wood County made me feel wonderful. They took hold of my hand, and told me I was getting better each day. They made me feel so welcome and so at home that I wasn’t afraid.”

Tom Baer, who underwent radiation treatment for prostate cancer echoes these sentiments. “At the Cancer Care Center, I never felt like I was in a room full of strangers.”

Marilyn Morris sums it up this way: “Sometimes a hug is the best medicine of all.”

We couldn’t agree more. ■



MEDICAL STAFF News

Thirteen physicians have recently joined the Wood County Hospital 190-member medical staff, enhancing the scope of comprehensive care and leading-edge treatment options available to area residents.

David P. Barnes, MD, board-certified family medicine physician, joined Dr. Tom Wojciechowski and the Wood County Medical Associates practice in June 2014. Dr. Barnes provides the entire spectrum of family practice services to patients of all ages. Appointments may be made by calling 419-352-6890.

Melissa Moore, MD, pediatrician, joined Drs. Mike Lemon and Jason Bihn in the Wood County Pediatrics practice in September 2014. She treats patients up to age 18 and has a special interest in adolescents. Appointments may be made by calling 419- 352-6890.

Evan McBeath, MD, ear, nose and throat specialist, provides a full range of general ear, nose and throat services to patients of all ages. He is an associate of the Findlay Ear, Nose and Throat practice and has an office in Bowling Green at 960 W. Wooster, Suite 207. Appointments with Dr. McBeath may be made by calling 419- 354-3072.

Jeff Mathew, MD, board eligible vascular surgeon, specializes in the latest treatment of all arterial and venous conditions which includes aortic reconstruction, peripheral vascular disease, carotid artery disease, venous disease and lymphedema. Dr. Mathew is a member of the University of Toledo Medical Center Department of Vascular and Endovascular Surgery. His Bowling Green office is located at 960 W. Wooster, Suite 204. Appointments may be made by calling 419-383-3576.

Allison L. Dollman, MD and **Michael Saad, MD, MPH**, board certified family medicine physicians, recently joined the WCH Hospitalist group. They provide care to WCH

medical and surgical patients, and support the needs of the WCH primary care physicians.

Hany Jacob, MD, pulmonologist and critical care specialist, has joined Wood County Hospital as Medical Director of the Intensive Care Unit.

Emergency medicine physicians **Yazan Sarsour, DO; Ryan Stahl, MD; Matthew White, DO; Mohamed Ashraf, MD; Nadia Ashraf-Moghal, MD** and **Rory Strugalski, MD** provide care to patients in the WCH Emergency Department.

If you need help in finding a doctor, you'll find it at our website, woodcountyhospital.org/find, where more than 190 primary care and specialists physicians are profiled. You also have the rare opportunity to learn more about members of the Wood County Hospital Medical Staff in their own words through a series of video interviews that can be viewed on this same website. In their three-minute videos entitled, "A Conversation With," the physicians discuss their special professional interests, why they chose their medical specialty, and what patients can expect during their professional relationship. If you prefer, we can also help you find the right doctor on our Physician Referral Line at 419-373-7613.



Dr. David P. Barnes



Dr. Melissa Moore



Dr. Evan McBeath



Dr. Jeff Mathew



Dr. Allison L. Dollman



Dr. Michael Saad



Dr. Hany Jacob



Dr. Yazan Sarsour



Dr. Ryan Stahl



Dr. Matthew White



Dr. Mohamed Ashraf

Something minor, or something more?



ReadyCare at Falcon Health Center vs. The Emergency Department

Know WHICH before you choose WHERE

So where do you go for a minor ailment or injury that requires treatment, but not necessarily a major visit to the emergency department?

For residents of Bowling Green and surrounding areas, there is an easy answer: Wood County Hospital's ReadyCare at Falcon Health Center, provides walk-in medical care for patients presenting with conditions ranging from fever, rash and sore throat to ear pain, congestion and nausea, as well as sprains/strains and minor lacerations not requiring stitches.

Even better, ReadyCare at Falcon Health Center offers immunizations, flu shots and physical exams. Lab tests and X-rays are also available. Primary care physicians can direct their patients to ReadyCare for tests; and, in turn, have all designated costs billed directly to insurance. Plus, the facility features a full-service pharmacy with drive-thru capabilities.

"Our entire team of physicians, nurse practitioners and nurses are focused on

providing the best care to BGSU students, faculty, staff and the general public," said Nicholas Espinoza, DO, Falcon Health Center Medical Director. "Additionally, through our collaboration with Wood County Hospital, we are able to draw upon the hospital's resources in providing patient care."

Between the collective capabilities of the Wood County Hospital Emergency Department and ReadyCare at Falcon Health Center, patients will always be able to receive the urgent care they need when they need it, whether that's after normal business hours (when doctors' offices are typically closed), or on those occasions when an appointment is unavailable.

However, for those times when something small becomes something more, the Emergency Department (ED) at Wood County Hospital (WCH) is staffed around-the-clock by emergency medicine physicians, and nurse practitioners who are specially trained to order additional tests or administer treatments onsite in response to a quickly worsening

condition. The ED staff treats moderate-to-severe conditions such as chest pain, respiratory distress, severe allergic reaction/anaphylaxis, major injuries and extremities, severe abdominal pain, lacerations requiring stitches, and extensive or severe burns.

"If you aren't sure which facility to choose we will accommodate or coordinate your needs at either facility," said Dr. Espinoza.

For iPhone and Android smart phone users, a WCH-specific E.R. App is now available for download. By logging in, patients can access their personal medical history when and where they need it.

ReadyCare at Falcon Health Center is located at 838 East Wooster Street. Hours are Monday - Friday, 8 a.m. to 9 p.m.; Saturday and Sunday, 9 a.m. to 5 p.m. For details, call 419-372-2271. ■

To learn more about WCH Emergency services and ReadyCare at Falcon Health Center, visit www.woodcountyhospital.org.

Beginning a dialogue about dizziness: Bringing the basics into balance



Dr. Evan McBeath

Dizziness is a very common and bothersome complaint for many people. Yet, the term itself is too broad to define any one particular condition. The medical community divides dizziness into three subcategories: vertigo, imbalance, and lightheadedness – each of which deserves special consideration.

Vertigo is typically defined as, “an altered sense of room-spinning or rotational movement.” Often, it presents in patients with severe symptoms like nausea and vomiting, and commonly indicates a problem with the vestibular system (the balance organ) in the inner ear.

Imbalance is defined as, “an inability to maintain one’s center of gravity,” whereas in lightheadedness, the sensation is one of “unsteadiness” or “blacking out.” Both conditions can be related to a variety of problems affecting the heart, blood pressure, brain, or other organ systems not related to the ear.

Effective treatment depends largely on distinguishing between true vertigo and the symptomatic representations of imbalance and lightheadedness that occur in smaller or greater measure. The causes can be as varied as the people who suffer from dizziness, but there are a few basics that level the playing field.

Putting the Problem Into Perspective

Rotational vertigo is a condition essentially caused when microscopic crystals in the inner ear become lodged in the wrong place, causing quick head movements and the accompanying sensation of room-spinning dizziness lasting less than 60 seconds. In this case, treatment can be easily administered in the office through several proven head repositioning maneuvers.

In a more severe form, vertigo can be caused by a buildup of abnormal fluid in the inner ear, presenting with symptoms ranging from severe rotational vertigo and hearing loss to ringing in the head that occurs on just one side. Known as Meniere’s Disease, this condition, while progressive in nature, can be treated through diet and lifestyle modifications (lessening salt intake, for example), as well as occasionally through ear surgery.

There are also cases when vertigo is caused through a viral infection of the vestibular system (or, labyrinthitis) – a condition that can lead to severe, room-spinning dizziness that last from as little as a few hours to as long as several days. While this kind of vertigo typically resolves itself over time, the infection often leaves mild effects for weeks and even months afterward.

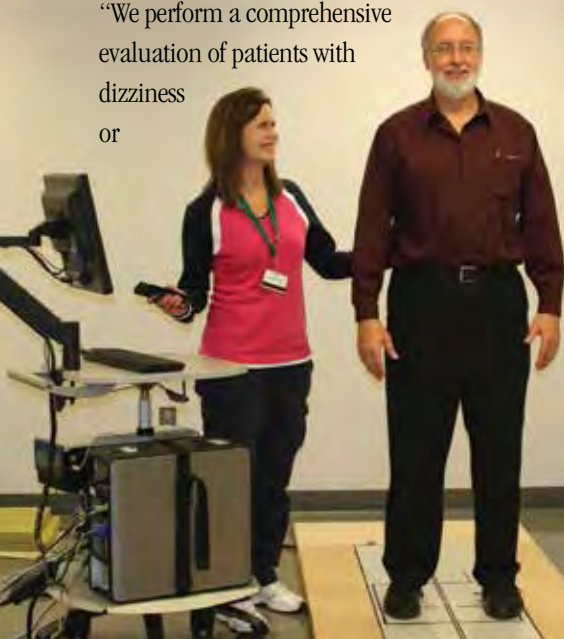
If dizziness becomes a concern for you or a loved one, I encourage you to bring the condition to the attention of your primary care provider or local ENT. ■

Evan McBeath, MD, is an ear, nose and throat specialist at Findlay Ear, Nose and Throat. His office in Bowling Green is located at 960 W. Wooster Street, Suite 207. To schedule an appointment, call 419-354-3072.

Don’t take the fall: A word about vestibular rehabilitation

The Rehabilitation Services Department at Wood County Hospital (WCH) offers the Fall Risk Program, a specialized balance retraining physical therapy program for patients with dizziness and balance problems. According to Mary Bostelman, a physical therapist certified in vestibular rehabilitation therapy (VRT), it’s often healthy people who take their sense of balance for granted that are affected the most.

“We perform a comprehensive evaluation of patients with dizziness or



balance complaints,” said Bostelman. “In a safe, controlled setting, we use the latest technology to assess the balance and mobility skills of seniors and others who are referred to the program.”

Wood County Hospital has the NeuroCom Balance Master® system – the most advanced balanced and mobility assessment and treatment equipment available. Using visual biofeedback, this system assesses and retrains sensory and voluntary motor control, allowing therapists to measure center of gravity and weight-bearing symmetry in patients. As a result, programs can be designed to encourage specific movements, helping to build physical stability, endurance and confidence.

For more information about the Fall Risk Program and VRT at Wood County Hospital, contact the Rehabilitation Department at 419-354-8950 or visit woodcountyhospital.org.

FROM THE Foundation

THE MAURER FAMILY CANCER CARE CENTER AT WOOD COUNTY HOSPITAL: WCH Foundation raises more than \$1 million

The Wood County Hospital Foundation recently completed a successful capital campaign, raising more than \$1 million to support the Maurer Family Cancer Care Center at Wood County Hospital. The Center is named for Robert and Pat Maurer and their family who donated the lead gift of \$500,000 at the outset of the campaign.

Stanley R. Korducki, President of Wood County Hospital, expressed his appreciation of the Maurer family's generous gift:

"As we turned to area residents to secure ongoing financial resources needed to sustain and upgrade the latest technology

required to provide the best treatment for our patients, we were overwhelmed by the generosity and community leadership displayed by Bob and Pat Maurer. Their inspirational contribution provided us with an unprecedented Cancer Care Center that will continue to meet the needs of our community."

Dr. Robert Lavey, Radiation Oncologist at The Center, led the Maurers on their first tour of the facility. He is enthusiastic about the care and treatments that are available to area residents:

"This Center permits us to expand our services and introduce new treatment programs to Northwest Ohio. The Maurer family donation will be put to work immediately

to provide an amazing level of care to our patients."

Robert Maurer added, "When we met Dr. Lavey, we were immediately impressed. We learned that 60 percent of men and one-third of all women are likely to develop cancer. Those statistics proved to me the need for cancer treatment in our community is real and we wanted to help."

"The significance of giving is never limited to the individual, even if it is an individual gift," said Chris Dalton, WCH Foundation Board Member. "What the Maurers have done by their example is to show us all how to make a difference beyond ourselves. In this campaign, many contributors followed their lead. In total, campaign donations received exceeded the campaign goal by \$200,000."

During the campaign, WCH employees, physicians, Board of Trustee members, community leaders, and members of the community came together to support of the facility. The Center opened on April 14, 2014 in a structure adjacent to the hospital. Since it opened, more than 100 area residents have received care and treatment at the facility. ■



Robert and Pat Maurer donated the lead gift of \$500,000 to the Cancer Care Center's capital campaign.

YEAR ONE: Milestones for the Maurer Family Cancer Care Center

2014

2015

March 26
First patient consultation

April 14
First radiation treatment

May 16
First "Relay for Life" event including Cancer Center participation

July 3
First 4D radiation treatment plan used to track tumor motion and maximize radiation application, while minimizing radiation to surrounding body structures

September
First treatment using respiratory motion management

October 13
First SABR treatment

March 12
100th patient treated!

April 2
First brain stereotactic radiosurgery treatment

April 2014
First volumetric-modulated arc therapy (VMAT) radiation treatment (prostate cancer)

September
Renamed the Maurer Family Cancer Care Center

R E C O G N I Z I N G O U R D O N O R S

Annual Fund Donors

Debra S. Allen
 David & Karen Apple
 Linda Arps
 Justas & Katrina Asamavicius
 Diane L. Aurand
 Linda S. Barbour
 Mr. and Mrs. Charles H. Barndt
 Doug & Lisa L. Barndt
 Erin Barnhiser
 Helen B. Bateson
 Miriam Batke
 Kimberly Baughman
 Jana Bechstein
 Bruce & Sandy Beidelschies
 Tina Billings
 Donnel D. Blausey
 Karen Bodeman
 Dr. Susan Boldys
 Mary Ann Book
 Karol & Phil Bortel
 Rozita Boteva-Georgieva
 Mike & Yvonne Bozzo
 Lawrence C. Brach
 Karen Bretz
 Susan K. Brezina
 Suzanne Bumpus
 Doris Bumpus
 Deb Busdeker
 Deb Butler
 Theresa Calcamuggio
 Joe & Nancy Campisi
 Kelly S. Caprara
 Amy Caris
 Jim & Sharon Carter
 David & Debra Chatfield
 John & Lynne Comings
 Douglas L. Conkey
 Lora Cotterman
 Floyd Craft & Family
 Tina Cramer - In Honor of
 Survivor Barbara Cramer
 Dennis Cramer
 Vicki L. Cramer
 Richard & Sherry Crawford
 Bill & Denise Culbertson
 Cherie Curtis
 Chris & Ellen Dalton

Heather Daugberty
 Hannah Davis
 Leonard N. & Margaret E. Davis
 Family Trust
 Frank W. Day
 Cassie Deerwester
 Amanda Dewese
 Ms. Jeanette A. DiLucia
 Richard & Nadine Edwards
 Patti Emch
 Ann Emmerich
 Joann Euler
 Robert W. Everett - In Memory of
 Martha K. Everett
 Bob & Deb Feehan
 Robert A. Feller
 Mrs. Gina R. Fernbaugh
 Gaylyn & Jan Finn
 Peggy J. Follett
 Mr. & Mrs. Thomas R. Foos
 Chris & Jill Foos
 Eugenia Fouke - "Celebrate Life"
 Sydney Tuckerman
 Cy & Kendra Freeman
 Melanie Garcia
 Cody & Laurie Garman - In
 Memory of Cody
 Lori Gaster
 Mark & Erin Gerschutz
 Amanda Giesige
 Robert & Jeanette Goetz
 Elaine Goodwin
 Steve & Jill Goris
 Raymond & Judy Goris
 Larry & Susan Graffice
 Elizabeth Jane Graffin
 Mrs. Anne Graves
 Cristy Gray
 Bernard & Clorinda Green
 Jill Haest
 Mr. & Mrs. George P. Hamilton
 Catharine Harned
 Kellyann Hartnett
 Kimberley C. Haus
 John & Sally Heffernan
 Susan Hill
 Louis & Linda Hiser
 Diane & Dan Hoops
 Paul & Margorie Huff

Diane Huffman
 Michael Hurd
 Deb Hutchison
 Gloria Instone
 Marlene Jett
 Susan Johnson
 Matthew Johnson
 Janet L. Jordan
 Richard Joseph
 Lou & Linda Katzner
 Gary & Laura Keller
 Vickie L. Kempf
 Mike & Nancy Keys
 Bill & Penny Kidd
 Tom & Judy Kisselle
 Mr. & Mrs. John R. Kolpien
 Stan & Kathy Korducki
 Mr. & Mrs. John W. Kunstmann
 Cheryl Lance
 Stephanie E. Lane
 Bob & Marcia Latta
 Cynthia Lavender
 Dori Ledbetter
 Dr. Ian & Sarah Leggat
 Dr. & Mrs. Michael Lemon - In
 Memory of Bruce C. Lemon
 Todd M. Leopold
 Mark & Marilyn Lindberg
 Robert & Barbara Long
 Mr. & Mrs. Donald Luidhardt
 Khalid Mahmood, M.D.
 Mr. & Mrs. Thomas Makley
 Mrs. Nancy R. Mancuso
 Mike & Theresa Marsh
 Jennifer Martin
 Joseph E. Martini
 Dawn Mason
 George & Nancy Ambers Massar
 Mr. & Mrs. Robert W. Maurer
 & Family
 Bob & Diane McArdle
 Ms. Patricia A. McGinnis -
 In Memory of Daniel W.
 McGinnis
 Annette McKinney
 Jill Meek
 John F. & Catherine Mekus
 Lynn Mellon
 Bonnie L. Metcalf

Kim Metz
 Douglas M. Miesle
 Lee & Pat Miesle
 Kimberley Moore
 Barbara Moorman
 Meagan M. Mormile
 Stacie L. Mullins
 Ronald J. Nagel
 Tom & Bonnie Newby
 Dick & Laurie Newlove
 Marcia Newsted
 Mrs. Shirley A. Oberhaus
 Steve & Terie Patton
 Soumit & Reena Pendbarkar
 Kathren S. Perkins
 Maxine Peterson
 Prudentia Phillips
 Philippiian Church, U.M.
 Neil & Mary Poblmann
 Danny & Amy Pool
 Donna M. Punches
 Barbara Reinmeyer
 Bob & Winnie Rex
 Mike & Kathy Reynolds
 Theresa Rhinehart
 Ronald P. & Marvalene Ricard
 Martha J. Richards
 Pam Rickabaugh
 Ted & Kathy Rippey
 Melissa Robinson
 Tonya Roe
 Mary Ann Romaker
 Rich Rosales
 Richard Rowlands & Eileen
 Underwood
 Jim Ruehl, Jr.
 Kathy Sanka
 Jane Schimpf
 Denise Schlea
 Bill & Peggy Schmeltz
 Susan Seiler
 Michelle Sharp
 William & Sara Sheets
 Diane Shetzer
 Jim Shock
 Larry & Colleen Smith
 Kenneth Snowden
 Brian Snyder

Dianna Sonoras
 Cindy Spratt
 Dani Spring
 Darlene Stinebelfer
 Elizabeth A. Suzor
 Stan & Michelle Tambor
 Dodi Thompson
 Brenda L Trumbull
 Lori Tuck
 Margaret J. Tucker
 Judy Ubben
 The Elizabeth Uhlman Family
 Rachel Valiquette
 Kathleen Van Scoder
 Brian A. Waite
 Mary Ward
 Julia Warren
 Joanne White

Brad & Louise White
 Sara Whitman
 Tracie L. Wilhelm
 Carmen J. Williams
 Cheryl L. Windisch
 Wood County Hospital Guild
 Wood County Hospital
 Radiology Dept.
 Tom & Kathy Wojciechowski
 Denise Yarger
 Carol A. Zacharias
 Melissa Zeigler
 Janet C. Zulch

Wendell Jones Memorial
 Josef & Ewa Blass
 Chris Buzzelli
 Roger & Donna Colcord
 David & Agatha Drury, Sr.
 David & Anna Glasmire
 James A. Hammer
 Mr. Harold Hawk, Jr.
 Dick & Joyce Horton
 Mr. Robert Jones
 Scott & Denise Kisabeth
 Mrs. Barbara J. Klopfenstein
 Clarence & Roberta Lane
 Mr. & Mrs. William Leutz
 Mike & Theresa Marsh
 Ms. Patricia A. McGinnis

Norma Moses
 Carl & Sandra Okeson
 Robert & Sandra Olanyk
 Catharine Price
 Dorsey & Kay Sergent
 Steve & Debbe Skutch
 Joan A. Slebos
 Ron & Jeanne Stoner
 Jack Tongring

Willis Fintel Memorial

Ronald & Carol Gerken
 Shawn, Lacy, Jaden & Brooks
 Punches
 Kerry, Rhoda, Beau, Adam &
 Katelyn Samples



DONORS HONORED THROUGH "TREE OF LIFE"

The Tree of Hope located in the lobby of the Maurer Family Cancer Care Center is filled with gold, silver and green leaves that are etched with names of the donors who helped raise \$1.2 million for the Center's capital campaign.

The Wood County Hospital Guild Hosts Two Major Fundraisers

The Wood County Hospital Guild is hosting two fundraisers in May and June to raise funds for hospital projects.

On Saturday, May 16, **the biennial Guild Home Tour** will take place between 10 a.m. and 4 p.m. This year the tour will feature six homes including a renovated rural country farm home and several uniquely decorated newer homes in Bowling Green.

Home Tour committee chairs Ann Yon and Judy Hudson have worked diligently over the last nine months to select these six Bowling Green families who are opening their homes to the community in support of the Guild, said Jane Schimpf, WCH Guild President.

Tickets can be purchased at the Wood County Hospital Gift Shop. Tickets are \$20 in advance and \$25 the day of the tour.

Proceeds from the event will go to the Guild's pledge to the Maurer Family Cancer Care Center.

On June 25, 2015 **the annual Women Fore Women Golf Outing** will be held at Stone Ridge Golf Club. Cost of the outing is \$75 per golfer, which includes 18 holes of golf, breakfast, lunch, prizes and lots of fun! For more information, call Laurie Newlove, Wood County Hospital Volunteer Director at 419-354-8942. ■

A Top Ten Performance for Wood County Hospital

One of the elements of the Affordable Care Act was to tie hospital reimbursement levels to performance in key areas that measure the delivery of high quality, safe, reliable and efficient care. Wood County Hospital's most recent score has placed the facility among the top 10 in Ohio.

The Centers for Medicare & Medicaid Services' Pay for Performance program ranks hospitals across three initiatives—value-based purchasing, readmissions, and hospital-acquired conditions. Wood County Hospital's combined score for all three programs resulted in it being among just 14 percent of all Ohio acute care hospitals that will see an increase in inpatient reimbursement for 2015.

The Pay for Performance programs don't

adjust the score based on hospital size or bed capacity. All hospitals are evaluated from a metric standpoint on important aspects of care and patient satisfaction.

"The CMS ranking shows our commitment to reliably deliver the best care experience to the community we serve," said Stan Korducki, President of Wood County Hospital. "We are proud to have achieved top performance in the Pay for Performance program as we continue down our path of improving patient outcomes." ■

A New "Vantage Point" on Improving Care

Wood County Hospital has joined seven other Northwest Ohio hospitals in an innovative alliance that will lead to new services, reduced costs and improved access to care in their

communities. The hospitals collectively operate 500 total beds and employ more than 4,000 staff. As a group, the hospitals will collaborate on improving efficiencies, patient outcomes and local access to care. By combining their resources, the hospitals will create larger scale opportunities that may not be available to them individually.

In addition to Wood County Hospital, the new entity, known as Vantage Healthcare of Ohio, is comprised of The Bellevue Hospital (Bellevue); Blanchard Valley Health System (Findlay); Community Hospitals and Wellness Centers (Bryan); Fulton County Health Center (Wauseon); Henry County Hospital (Napoleon); Magruder Memorial Hospital (Port Clinton and Fisher-Titus Medical Center (Norwalk). ■

Women's Care Relocates to New Facility

Women's Care of Wood County (formerly known as Wood County Women's Care) moved to a spacious new facility located at 1214 Ridgewood Drive in Bowling Green on March 16, 2015. Women's Care is the obstetrics and gynecology practice of Drs. Abeer Ahmed, Ian Leggat, Megan Porter, Mary Testa and Nurse Practitioner Marcia Amstutz.

"We are excited to be in this beautiful new facility where we can provide the latest in gynecologic and obstetrical care for our patients," said Dr. Ian Leggat.

The new facility has 18 exam rooms, two procedure rooms, and an education room. Patient amenities include complimentary coffee, tea and water, as well as wireless internet access. ■



Women's Care of Wood County hosted a community open house on March 29, 2015 at their new facility on 1214 Ridgewood Drive. (From left) Gaylyn Finn, Wood County Hospital Board Chairman; Dr. Ian Leggat; Dr. Megan Porter; Marcia Amstutz; Dr. Mary Testa; Wood County Hospital President Stan Korducki; and Dr. Abeer Ahmed.

Wellness PROGRAMS

Wood County Hospital is committed to improving the health and wellness of community members of all ages by providing a variety of health education, health screenings, weight loss and aquatics programs. Listed below are some of the programs we offer. For more detailed information and to register, visit us online at www.woodcountyhospital.org/classes. You can also call us at 419-354-8887. Registration is required for all programs.

Presentations and Events

Personalized Knee Replacement Surgery

Wednesday, May 13 6 – 7:30 pm
Orthopedic surgeon Carlos Gomez, M.D. will discuss the latest technology used for personalized knee replacement surgery at Wood County Hospital. Call 419-373-4164 for more information.

Personal Safety & Self Defense Class

Thursday, May 14 5:30 – 9:00 pm
Learn prevention strategies and self-defense techniques taught by officers from the BG Police Department that can be used to reduce the effects of personal assaults. All ages are welcome!

Vascular Issues in Women

Thursday, May 14 6:30 – 9:00 pm
In this Positively Pink Women's Health program, Munier Nazzal, MD, vascular surgeon will discuss vascular issues common to women such as varicose veins and venous disease. Carotid artery vascular screenings will also be available for \$35.

Urology

Thursday, May 28 5:30 – 6:30 pm
In this HealthMatters program, Eric Todd, MD, urologist will discuss the diagnosis and treatment of urinary incontinence which affects both men and women.

Safe Sitter

Saturday, June 20 9:00 am – 4:00 pm
Babysitting training class for adolescents ages 11 to 14. Safe Sitter teaches safe and nurturing child care techniques, behavior management skills, CPR, choking, and appropriate responses to medical emergencies. Cost \$55.

The Safe Sitter babysitting training classes teaches adolescents ages 11 to 14 safe and nurturing child care techniques, behavior management skills, and appropriate responses to medical emergencies. Carrigan Gray of Findlay is practicing her diapering skills.



Look Good, Feel Better

Thursday, June 25 6:00 – 8:00 pm
Look Good Feel Better is a FREE American Cancer Society program that teaches beauty techniques to women who are actively undergoing cancer treatment. Each participant will receive a FREE makeup kit worth \$250! To register call the ACS at 1-800-227-2345.

Weight Loss Programs

Weight Loss Surgery Information Session

Peter Lalor, MD, bariatric surgeon will discuss the weight loss surgery options available at Wood County Hospital. Call 419-373-7699 option 4 for more information.

Tuesday, May 12 6:30 - 8:30 pm
Saturday, May 16 9:00 - 11:00 am
Tuesday, June 6 6:30 - 8:30 pm
Saturday, June 20 9:00 - 11:00 am

Back on Track Support Group

Wednesday, May 20 7:00 - 9:00 pm
Monthly support group for those who have had weight loss surgery and are experiencing weight gain. Registration not required.

Aquatics Classes

Aqua Strong Class for Cancer Patients

Monday, May 11 11:00- 11:45 am, sessions are ongoing
A water exercise class for individuals who are currently undergoing or have completed treatment for cancer in the past year. This 45 minute class combines gentle stretching, strengthening and aerobic exercise to rebuild strength and endurance for daily activities. Cost: \$40 for an 8-visit pass

Low Impact Arthritis Aquatics

Mondays & Wednesdays beginning May 11 12:00-1:00 pm
An aquatic class that focuses on joint and muscle flexibility, posture and balance using low impact exercises. This class is ideal for people who want to experience movement with reduced pain and be more active in daily life skills. Cost: \$115 for 8-week class



INSIDE:

- 1 **Cancer Care Center Offers Cutting Edge Technology**
- 4 **New Medical Staff**
- 5 **ReadyCare or The Emergency Department?**
- 7 **WCH Foundation Raises Over \$1 Million**
- 8 **Recognizing Our Donors**
- 10 **Business Briefs**
- 11 **Wellness Programs**

Children's Summer Classes Offered

The WCH Rehabilitation Services Department is offering a variety of summer classes for children ages 18 months to 11 years old. The classes are taught by pediatric therapy staff and are designed to improve the child's motor and sensory skills. For a more detailed list of classes and to register visit us online at: www.woodcountyhospital.org/classes. You can also call 419-354-8950.



Parent and Toddler Swim

Wednesdays starting June 3 11 – 11:45 a.m.

Children ages 18 months to 3 years engage in developmentally appropriate water skills including breath control, beginning swim strokes on back and front, underwater exploration and increased independence and safety.

Cost: \$75 for 8 week session

Parent and Baby Swim

Wednesdays starting July 15 12-12:45 p.m.

A water adjustment class filled with music, games and sharing time for babies 6-18 months of age. Each class provides family members with information on motor development and creating safe water environments.

Cost: \$75 for 8 week session

Sensory Splash

Tuesdays and Thursdays starting July 14 4:00-5:00 p.m

A sensory supported class taught by an occupational therapist that teaches skills from water adjustment and safety to basic swim

strokes. Activities include games, music and activities for enhanced sensory learning.

Cost: \$85 for 4 week session

Fit Kids Zone

Tuesdays and Thursdays starting June 9 8:30 – 10:00 a.m.

A group program designed for children ages 8-11 who have difficulties participating in sports or typical physical education class. Participants must be able to: be safe around exercise equipment, follow group direction, handle outdoor activity without one-to-one supervision and be motivated to get healthier.

Cost: \$370 for 4 week class

Learn & Play

Mondays and Thursdays starting June 8. 10:00-11:45 a.m.

A fun language based and movement group for 4-6 year olds. This class addresses functional language, motor, and sensory skills through play. Children must be able to follow directions without adult supervision. If behaviors are a significant concern this group is not recommended.

Cost: \$345 for 4 week class

