

WINTER 2012

HEALTHY Outlook

HEALTH NEWS AND HAPPENINGS FOR THE COMMUNITY FROM WOOD COUNTY HOSPITAL



Serving Our Community

Since our founding in 1951, Wood County Hospital's commitment to this community remains strong. Wood County Hospital is proud to be a valuable resource ready to serve our community – 24 hours a day, 7 days a week, 365 days a year.

As this Report to the Community will demonstrate, we do that by providing the high quality health care that area residents have come to expect from us for over six decades. But we also serve our neighbors through free medical services,

educational events and financial support of important community-based programs. Furthermore, hundreds of volunteers donate their time to our programs, and thousands of dollars in services are subsidized by the hospital to help build a strong and healthy community.

As Wood County Hospital moves ever forward, our efforts will continue to be centered on the unique needs of each one of our patients, and our focus will remain sharp on building a strong and vibrant city, county and region.



WOOD COUNTY HOSPITAL

DEPEND ON US.

www.woodcountyhospital.org

Serving Our Community

President's Message

The lead article for this edition of Outlook, "Serving Our Community," is very much the point for why Wood County Hospital is here. Bear in mind that 61 years ago our Hospital was started by the community at large, after many years of effort to amass the money necessary for the construction. Our roots are here and our focus is service, be it medical treatment, preventive care, education or other needs for Wood County.

Community Benefit is a term that evokes many different examples. Every individual who presents to our hospital for care has access to service, regardless of their ability to pay. The Hospital does provide millions of dollars in charity care each year for patients without resources. In addition WCH offers many outreach programs to the community that promote wellness, enhance preventive activities, and increase the "health IQ" of individuals through education. The vast majority of these programs and services are free or offered at nominal out-of-pocket cost.

The Hospital is presently performing a community health assessment in conjunction with our Wood County Health Department and other stakeholders. We have historically underwritten the cost of these assessments in partnership with the Department in order to identify chronic and emerging health care issues for the citizens of Wood County. This assessment helps both the Health Department and the Hospital identify key health care needs so that we can design new programs and services to improve health status for our community.

The Hospital is committed to provide programs that are high quality, high touch, and offered in a very cost-effective manner. We are excited to be providing greater access for the community to important health services such as Vascular Surgery, Wound Care, Orthopedics/Sports Medicine, and Developmental Pediatrics. These are all examples of how we are striving to make our motto "Depend on Us" an everyday promise to the community, because Wood County Hospital is here to serve you!

Sincerely,



Stanley R. Korducki



Partnerships

WCH/Chamber of Commerce Blood Analysis Day

For the past seven years, the Bowling Green Chamber of Commerce, Wood County Hospital and its Foundation have partnered to raise funds for scholarships to Bowling Green State University by sponsoring the annual Blood Analysis Day in April. Employees of the Chamber of Commerce, investors and the general public are invited to come to the hospital for a comprehensive blood analysis at a minimal charge of \$40 – a fraction of the regular charge. The Wood County Hospital Foundation underwrites the cost of the supplies and the staff so that more money can go to this great cause. In 2011, there were 199 participants, generating nearly \$8,000 for the scholarship funds. Since the program began in 2004, more than 1,000 people have participated, with nearly \$25,000 raised for BGSU scholarships.



(Right and below) Teens learn CPR and First Aid skills and younger children spin the Wheel of Health to learn ways to make healthy lifestyle choices.



Festivals and Fundraisers

WCH provides financial assistance, supplies and equipment to support approximately 25 important area events and organizations each year. Beneficiaries in 2011 included the American Cancer Society's Relay for Life, the Grand Rapids Applebutter Festival, the United Way, Big Brothers Big Sisters, Be Healthy Now Wood County, American Red Cross Fire and Ice Fund Raiser, Walk from Obesity, Black Swamp Arts Festival, Bowling Green Community Foundation, Bowling Green High School Boosters, Bowling Green Youth Baseball, Wood County Agriculture Society, Downtown Farmers Market, and the Bowling Green Chamber of Commerce.

Two teams from the WCH Laboratory and Emergency Departments comprised of cancer survivors, employees and their families participated in the 2011 American Cancer Society's Relay for Life. The event is sponsored annually by Wood County Hospital.



Wellness Programs

Wellness Works at WCH is committed to a proactive approach toward personal health and wellness. Wood County Hospital offers programs for people of all ages on a wide variety of health topics including, positive lifestyle changes, nutrition, stress management, and fitness. Programs include:

Keeping Kids Healthy

Children's wellness is a growing concern in the United States. Today, our children face many serious health issues, such as poor nutrition, inactive lifestyles, not knowing how to manage their increasing levels of stress, and a lack of understanding about the importance of hand-washing and general good hygiene.

Wellness Works is dedicated to helping children learn to make healthy lifestyle choices. Through interactive presentations, activities and health fairs, we offer children the opportunity to learn essential skills for staying healthy – for a lifetime!



(Above) Annually in June WCH hosts a special health screening day where members of the Tri-County Farm Bureau obtain a battery of screenings and health education information at a reduced rate.

Health Screenings

High blood pressure, bone density, blood glucose, body fat screenings, prostate cancer, cholesterol – these are all conditions for which WCH Wellness Works conducts health screenings in the community, in the workplace and in the hospital. They are both important and popular: In 2011, we performed more than 2600 screenings.

(Right) The Dietary Services Department prepares more than 25,000 meals annually for a nominal fee of \$5.50 per day for subscribers of Wheeled Meals. Jeannie Feather, Dietary Supervisor, prepares meal carriers each day for delivery by volunteers.

(Below) Wheeled Meal subscriber Edith Ringer (left) reviews her daily order with volunteer Elaine Goodwin.



Community Education

Presentations, health fairs and workshops are a great way for people to understand and evaluate their roles in their personal health and happiness. In FY 2011, Wood County Hospital worked hard to help people improve their health through programs such as the Colorectal Cancer Program with the American Cancer Society, the annual Diabetes Health Fair, Medication Safety Review, Tobacco Cessation programs for patients, CPR training and the Health Matters Lecture Series.

Positively Pink

In 2011 WCH created Positively Pink, a free women's health series presented by WCH physicians that covered vital health information of concern to women. Nearly 400 women attended the five-session health series that addressed topics such as menopause, stress and the cortisol connection, understanding mammography, women and heart disease, and stress incontinence. These breakthrough women's events also included food demonstrations, fashion shows, health screenings, special exhibits, food and door prizes.



(Left to right) Linda Barbour, Anne Emmerich, Kathy Sanka, Darlene Mauk, Caroline Reynolds and Kathy Reynolds model hats and accessories at a Positively Pink event.

Senior Outreach Programs

Lifeline is a personal emergency response service ideal for individuals living alone, needing home care or with health and safety concerns. For more than 25 years, Wood County Hospital has made this service available to subscribers 24 hours a day, 365 days a year for a nominal fee. With a paid staff of one, Lifeline operates with trained volunteers, helping elderly and disabled persons live safely in their own homes. Today, Lifeline has 320 subscribers.

WCH prepares more than 25,000 meals annually for the 134 subscribers of the Wheeled Meals program for elderly, homebound resident living within the Bowling Green city limits. A team of 20 volunteers delivers three meals at a time to each subscriber Monday through Friday as well as on holidays. Wood County Hospital's contribution of more than \$116,000 for food and labor enable participants to pay a reduced cost of only \$5.50 per day.



An Essential Foundation

As explained elsewhere in this Report to the Community, the Wood County Hospital Foundation supports several key WCH initiatives and community services, such as the Child Development Center and the BGSU scholarships via the Blood Analysis Day. But there is so much more.

For example, the Foundation reaches out to the region through their \$5,000 sponsorship of the annual Ned Baker Public Health Lecture Series at Bowling Green State University, which celebrates the important role boards of health play in improving the health of communities across the nation, and is webcast to more than 3,000 local

boards of health across the United States.

In 2011 the Foundation was involved with a new community health initiative, giving \$2,000 to help establish the Prescription Drug Take-Back Drop-off sites, launched in collaboration with the Wood County Alcohol, Drug and Mental Health Services Board, the Wood County Sheriff's Office and the Bowling Green Police Division. The program is aimed at reducing death or injury from drug poisoning by providing a free, anonymous 24-hour-a-day way to safely dispose of unwanted prescription drugs. (Collection sites are the BG Police Division and the Wood County Sheriff's Office.)

The Wood County Hospital Foundation appreciates the tremendous donations and support it receives from the community, and expresses this thanks by giving back to the health of the community in many ways.

Mike Messaros, WCH sports medicine coordinator evaluates Elmwood High School student Brittany George's leg for a potential injury at a basketball practice.



New Services

Always striving to address the important and essential health needs of this region, in FY 2011, Wood County Hospital created the Center for Child Development for children with developmental and behavioral conditions. This program, led by Sherri Thomas, M.D., and its highly skilled staff provide an opportunity for children to receive important, early intervention and receive diagnosis, treatment and follow-up locally. The Center is funded in part through the Wood County Hospital Foundation, which awarded it a \$100,000 grant over two years to support start-up efforts.

Another key hospital service currently being enhanced is the WCH Emergency Department. The expansion of the ED, part of the hospital's Long Range Master Facility Plan that began in 2007, is now underway, scheduled for completion in November, 2012. The ED will be expanded from its current 14 treatment rooms to 20 and will accommodate 40,000 visits annually.

Hospital facility planners are also working through design options for a new Intensive Care Unit, and facilities for cancer treatment in the future.

It's all part of Wood County Hospital's plan to provide accessible, high quality hospital services to our local community.

The newly expanded WCH Emergency Department features larger, private treatment rooms that offer greater noise reduction and privacy for patients.



Special Programs for Youth

WCH's Rehabilitation Services Department helps area student athletes at Elmwood, Eastwood and Bowling Green high schools through a variety of programs, such as athletic training services throughout the school year at all practices and games. In addition, sports trauma clinics are available for student athletes at which they are evaluated by a certified athletic trainer and sports medicine physician. Consultation fees are donated by the participating doctors and athletic trainer.

Growing Needs

WCH is committed to recruiting physicians to our area to meet the needs of our communities' families. In 2011, we recruited 11 primary care and specialist physicians, including: Scott Deering, M.D., orthopaedic surgeon; Megan Porter, D.O., obstetrician/gynecologist; Abeer Ahmed, M.D., obstetrician/gynecologist, Coral Matus, M.D., hospitalist; Sherri Thomas, M.D., developmental-behavioral pediatrician; Hares Akbary, M.D., interventional pain management; Stephanie

Weckesser, M.D., pediatrician; Cheri Diller, MD, family practice; James Roby, M.D., family practice; Deanne Kiba, DO, family practice; and Naheed Sufi, MD, occupational medicine.



Dr. Deering



Dr. Porter



Dr. Ahmed



Dr. Matus



Dr. Thomas



Dr. Akbary



Dr. Weckesser



Dr. Diller



Dr. Roby



Dr. Kiba



Dr. Sufi

2011 COMMUNITY BENEFIT STATISTICS

WCH By the Numbers

*(for fiscal year 2011:
July 1, 2010 – June 30, 2011)*

Inpatient admissions:

3,656

Emergency department visits:

26,440

Surgeries:

4,748

Births:

315

Outpatient visits:

100,000+

Physicians on the Medical Staff:

190

Percent of our physicians board
certified in their specialties:

92%

Number of employees:

700+

Community Benefit Statistics

*(based on most recent Medicaid
cost reports on 2011)*

Non-reimbursed
Medicaid costs of care:

\$11,934,449

Non-reimbursed
Medicare costs of care:

\$36,736,972

Uncompensated Care Expenses

Free care to people who are poor
or under-served:

\$4,099,338

Bad debt:

\$5,959,071

TOTAL:

\$58,729,830

Community outreach programs
(e.g. health education,
screenings, health services):

\$251,551

Total community benefit:

\$58,981,381

Economic Impact for 2011

Dispersed annually in salary
and wages:

\$28,558,564

Economic impact of employee
wages on the community:

\$43,600,000*

*Source: The Regional Center for
Economic Development @ BGSU



Wood County Hospital
is accredited by The
Joint Commission

Guild, volunteers give heart to hospital

For more than six decades the members of the WCH Guild have been and remain the cornerstone of two tremendously important aspects of hospital operations:

They provide a basis of community support for the hospital through the generous women and men who donate their time to do volunteer work.

They provide the hospital administration with a valuable source of additional revenue.

The Guild has raised funds in a variety of ways, such as by having bake sales, collecting sales tax stamps, hosting fashion shows, presenting fall dances, operating the hospital Gift Shop and more. Today the Guild sponsors an annual holiday sale, spring plant sale, home and garden tours,

and they even recently introduced a women's golf outing.

Money raised by the Guild is specifically earmarked for special hospital projects or improvements. In 2009 the Guild made a five-year \$150,000 commitment to sponsor the creation of the Women's Center as part of the hospital expansion project.

Support Guild events

One way everyone can support the work of the Wood County Hospital Guild is by supporting their key fundraising projects.

Sales from the Gift Shop, which is operated by the Guild, helps provide Wood County Hospital with a valuable source of additional revenue.

In 2012 that includes:

Flower Sale at Klotz Floral Gift and Garden Center on May 8.

Women Fore Women Golf outing on July 26 at Stone Ridge Country Club.

Holiday Sale on November 1 & 2.

If you're looking for a new place to shop, stop by The WCH Gift Shop for many new gift ideas located right inside the main entrance of the Hospital. ■





Caregivers use computers to chart a patient's care rather than pen and paper.

New Electronic Medical Records system enhances patient care, safety

In the medical world, we've come to expect high-tech advancements. We understand and appreciate the benefits and capabilities of a CT scan or an MRI over the common X-ray – itself a medical marvel 100 years ago – or that several types of minimally invasive surgeries can be performed via special scopes.

A similar evolution has been taking place in the healthcare field concerning how information is shared and utilized among healthcare professionals. Electronic Medical Records (EMR) enable doctors, nurses, laboratory technicians, therapists and others to enter patient information, test results, orders and more via computers into a connected system that facilitates the sharing of that information with other healthcare professionals – no matter where they are physically located – involved with caring for the same patient.

After two years of planning, Wood County Hospital converted from a paper medical record system to a comprehensive EMR in December 2011. "The EMR system is about enhancing teamwork, efficiency and safety throughout all patient care services in every corner at Wood County Hospital," noted Stan Korducki, Wood County Hospital President. "It is yet another method through which the

hospital implements its deep commitment to advance all aspects of care and safety to benefit our patients. It was a very complex change involving all hospital systems, but very exciting."

A nationwide trend

Hospitals across the country are implementing EMR systems to meet the American Recovery and Reinvestment Act (ARRA) Meaningful Use requirements.

Korducki observed that because the introduction of such complex systems is a once-in-a-lifetime project, some delays and minor issues have occurred in the early stages. He asked that people be understanding and patient during the transition, and that the long-term, comprehensive benefits of the EMR system far outweigh a few initial technical complications.

"The more our patients understand the concept behind the EMR, the more they will feel confident that the care they receive at Wood County Hospital meets or exceeds national standards of best practices, all the while ensuring that their private information remains private and secure."

Seamless care for patients

Korducki explained that the EMR improves patient safety and has a positive impact on patient care by distributing information that is clear and easier to read than handwritten notes making the most current information immediately accessible enabling the staffs in multiple departments—even in multiple facilities—to view the same patient's record at the same time simplifying check-in by facilitating registration for direct hospital admissions through access to key information reducing the possibility of errors.

While it still takes time to analyze test results, the instantaneous and simultaneous sharing of that information now takes place through all involved departments through the EMR system. That means that each hospital department or unit has specific programs that the WCH staff will be using to record patient care and patient information.

The results: Enhanced, efficient, faster communications. Better healthcare.

"All of these efforts are being implemented to achieve the ultimate goal of providing ever better quality healthcare," Korducki said, "for all the patients we are honored to serve." ■

Patient identification bands are scanned by caregivers to verify and assure accuracy of information.





FROM THE

Foundation

Annual Appeal donors help area children have healthier lives

The lives of many children – and their families – affected by developmental and behavioral health issues will be improved this year because of the generous gifts of those who supported the recent WCH Annual Appeal.

The lives of many children – and their

families – affected by developmental and behavioral health issues will be improved this year because of the generous gifts of those who supported the recent WCH Annual Appeal.

“We extend our most sincere thanks to the more than 150 individuals, families, doctors, businesses and others who contributed to

“I MAKE A DIFFERENCE” PROGRAM THANKS OUTSTANDING CAREGIVERS

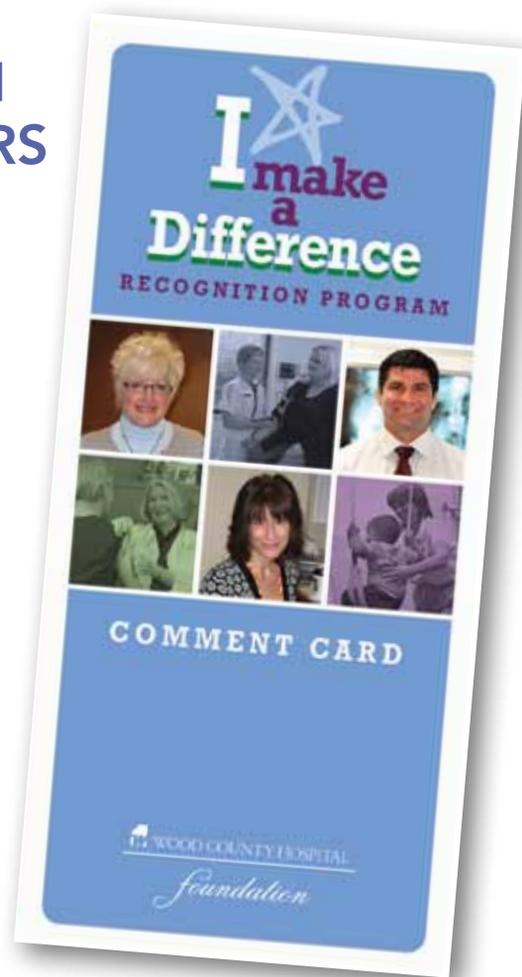
The new I Make a Difference program makes it easy to recognize and honor a person by making a Gift of Gratitude to the Wood County Hospital Foundation.

“Many grateful patients already take the time to write a note of thanks to their physician, nurse, a volunteer, housekeeper or other WCH staff member for the attention they received,” noted Cristy Gray, Wood County Hospital Foundation. “The I Make a Difference giving program makes it easier for patients to give back to the hospital and recognize

a staff member who has shown expertise, compassion or otherwise went above and beyond their normal duties.”

Staff members who are recognized through this program will receive an I Make a Difference pin and certificate.

It is not necessary to make a tax deductible donation in order to express your message of thanks to someone through the I Make a Difference recognition program. However, A Gift of Gratitude not only honors the caregiver, but supports the work of all



Memorial Donors

Families continue to recognize the importance of Wood County Hospital and what it meant to their loved ones. Donations were recently received in memory of Hossein Vatan, Clara Dick and Joan Crusa by the following donors:

- | | | |
|---------------------------------|-------------------------------|----------------------------|
| Dr. Lyle Nowicki | Lora Cotterman | Cheryl Mullholand |
| Mr. and Mrs. Patrick Fitzgerald | Lou Wickard | Norman and Delores Haley |
| Linda Dobb | Peggy Brigham | Dennis and Norma Wyckhouse |
| William Losey | Christopher and Tamela Harmon | Juanita Harmon Clark |
| Marjorie Miller | Joe and Linda Wright | Norman and Debra Haley |
| George and Donna Berstler | Rick Harmon | Judy and Charles Horswell |
| Barbara Keller | Robert Dick | Janet Shaffer |
| Al and Mary Green | | |

healthcare professionals at WCH in a unique and meaningful way, paying it forward to benefit future patients at the hospital.

For more information about the I Make a Difference program, call 419-373-7627, or email foundation@woodcountyhospital.org.

“Quite simply, children need these services, and their brighter future is dependent upon our ability to meet their needs.”

Wood County Hospital’s Center for Child Development, the focus of our 2011 Annual Appeal,” said Cristy Gray of the Wood County Hospital Foundation.

The Center for Child Development serves children impacted by developmental and behavioral health issues ranging from learning disorders such as autism, cerebral palsy, genetic disorders and associated cognitive delays such as Down Syndrome, visual and hearing impairments, and

developmental challenges associated with chronic medical conditions.

“Quite simply, children need these services, and their brighter future is dependent upon our ability to meet their needs. We hope our benefactors will feel the thanks emerging from the hearts of the children, parents and families of those who will receive essential care as a result of these donations.” Gray said “This Center exemplifies our fulfillment of our most important commitment to area

residents: To provide the highest quality, most comprehensive care close to home.”

Of course, there is still time to make a gift to support this program. To donate, send a check payable to Wood County Hospital Foundation and mail it to 950 W. Wooster St., Bowling Green, OH 43402.

Listed below are donors who supported Wood County Hospital through the 2011/2012 Annual Appeal:

WCH ANNUAL FUND LIST DONORS

Thomas and Frances Gibbs	Carolyn Ulsh	Mary Jane Alspaugh	Steven and Bonnie Rawlik	Henry Zaborniak
Mr. and Mrs. Robert F. Long, Jr.	Fred and Sue Bernardo	Beth Ash	Ray and Nancy Reynolds	Neil & Mary Pohlmann
Susan Boldys, MD	Dick and Nadine Edwards	Daniel & Mildred Ballard	David Serrato	Marjorie G. Maidment
Becky and Ted Bhaer	Margaret Davis	Joe and Holly Barrera	Lelan and Nora Shaffer	Mr. And Mrs. Warren Schlievert
Paul and Laura Walters	Shirley McGeein	Jan D. Castanza	Robert and Virginia Shammo	Jack and Betty Whitacre
Melvin and Martha Johnson	Richard D. Rowlands and Eileen Underwood	Gary and Pat Cline	Mr. and Mrs. Peter Sherick	Janice E. Dishop
Andrew Schuman	Katie and Terry McKibben	Charlon K. Dewberry	Kenneth S. Snowden	Diane Shetzer
Stuart W. Stearns	(in memory of Jared Thomas)	Robert P. Eaton	Karol H. Spencer	Thurai and Manika-Asha Kumaran
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Anne Donald	Arthur W. Roth	David E. and Nancy E. Lowe	Mr. and Mrs. Charles R. Miner	Alyce Walden
Mr. and Mrs. Harmon Downard	Jeffrey J. Levin, D.D.S.	C. Richard Marsh	Darlene D. Petkwitz	Doug & Jean Bargiel
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Mary E. Terry		Wendy Ann and Jim Novotny	Donnel D. Blausey	
		Providence Oddo	Dave and Becky Adams	

Nancy Euler, a sixth grade teacher who lives in Bowling Green is wound free thanks to treatment she received at the Wound Healing Center for a hard-to-heal wound.



Wound Healing Center at Wood County Hospital heals stubborn wounds

Nancy Euler, 54, was in jeopardy of losing her foot before she underwent treatment for a hard-to-heal wound at the Wound Healing Center at Wood County Hospital in Bowling Green, Ohio. Following treatment at the Center, Ms. Euler, a sixth grade teacher who lives in Bowling Green, is wound-free. A decade ago, Ms. Euler had experienced deep vein thrombosis (DVT) after undergoing a mastectomy. The DVT damaged the veins in her left leg so that they no longer pumped blood through her leg properly. This led to a wound that began in February 2009 as a tiny sore on her ankle and expanded until it became a venous ulcer. Her primary care physician treated the sore with various antibiotics, but the wound did not heal, so he referred her to the Wound Healing Center at Wood County Hospital.

From March until the end of May 2009, Ms. Euler received a weekly series of treatments, beginning with debridement (scraping of the wound), application of specialty dressings and wrapping of the wound with bandages. When these treatments didn't heal the wound, she underwent a skin graft using a bilaminar skin substitute. By the end of May, the wound was completely healed.

In February 2011, Ms. Euler developed another sore on the calf of the same leg. She returned to the Wound Healing Center, where her wound was treated with compression wraps and stockings. The wound was completely healed by the end of March 2011, without the need for another skin graft.

"I am so grateful that the Wound Healing Center is here in Bowling Green," Ms. Euler said. "The knowledgeable staff is great – they give patients extra care. I really appreciate their expertise. I would recommend the Wound Healing Center to anyone else who has a wound that won't heal. Don't wait – seek treatment now!"

The Wound Healing Center at Wood County Hospital offers advanced wound therapies for patients with chronic wounds and non-responsive conditions that have been present for weeks, months or years and show little or no sign of improvement with standard treatment. The Center has a success rate of healing 98 percent of the wounds it treats in

16 weeks or less, which far exceeds national benchmarks established among wound healing centers across the country.

The Center's team of physicians and nurses, all specialty trained in advanced wound care, recently expanded as it welcomed Hammad Amer, MD, vascular surgeon, to its panel of experts, which also includes Todd Tamlyn, MD, FACS, Medical Director and general surgeon; Innocent Ubumama, DO, vascular surgeon; and Richard Walsh, MD, family medicine physician.

Together, they are dedicated to healing chronic wounds by determining their underlying causes.

"Patients come to the Wound Healing Center at Wood County Hospital for a variety of reasons," Dr. Tamlyn said. "We have patients with diabetic wounds, vascular problems,



Todd Tamlyn MD



Hammad Amer, MD



Richard Walsh, MD



Innocent Ubumama, DO

MEDICAL STAFF Additions

burns, post-surgical wounds, wounds secondary to chemotherapy and radiation treatment.”

“We use a wide variety of treatment modalities available, ranging from dressings and debridement to hyperbaric oxygen treatment therapy,” said Dr. Tamlyn. “Our physicians and staff are trained and certified in wound care, and most of the equipment we use wouldn’t be found in a primary care office.”

The Wound Healing Center’s two state-of-the-art Hyperbaric Oxygen (HBO) chambers allow patients to receive complete wound care in one location. HBO therapy offers 100% oxygen at increased atmospheric pressure – a painless, proven way to help the body heal by allowing red blood cells to pass more easily through the plasma into the wounds to heal them from inside out.

The Wound Healing Center is equipped and staffed to treat all wounds, with most treatments covered by Medicare/Medicaid, HMOs and other private insurance plans. The Center is located at 1037 Conneaut Avenue, Suite 207 Bowling Green, OH 43402. For more information, call the center at 419-373-7680 or visit www.woodcountyhospital.org. ■

Four physicians have joined the Wood County Hospital 190-member medical staff, enhancing the scope of comprehensive care and leading-edge treatment options available to area residents.

Mary C. Testa, DO, is a board certified OB/GYN experienced in providing comprehensive obstetrical and gynecological care to women of all ages. She attended the West Virginia School of Osteopathic Medicine



Mary C. Testa, DO

in Lewisburg, West Virginia where she obtained a Doctor of Osteopathy degree. Dr. Testa completed her residency training at Cuyahoga Falls General Hospital in Cuyahoga Falls, Ohio. She was in practice for nine years in Newark, Ohio. Effective March 27, Dr. Testa will join Wood County Women’s Care. Appointments may be made by calling 419-352-8427.

James G. Roby, MD, a board certified physician with more than 20 years experience in family medicine, is committed to providing comprehensive, accessible healthcare services to people of all ages in southern Wood County.

Dr. Roby (shown on page 5) attended the Medical College of Ohio (now The University of Toledo Medical Center) where he obtained a Doctor of Medicine degree. He completed his residency training at the W.W. Knight Family Practice Program in Toledo. Dr. Roby joined North Baltimore Family Practice, 209 Briar Hill Road, Suite A in North

Baltimore. Appointments with Dr. Roby may be made by calling 419-257-1417.

Hammad Amer, MD, a vascular surgeon, (shown on page 10) specializes in the latest treatment of all arterial and venous conditions. He offers the entire spectrum of vascular management, including medical therapy, minimally invasive surgery, and percutaneous therapy for conditions of the arteries and veins.

Dr. Amer obtained his medical degree at the Finch University of Health Sciences at The Chicago Medical School. He completed his surgical residency at The University of Toledo Medical Center and a fellowship in vascular surgery at the University of Texas. Dr. Amer’s office is located at 960 W. Wooster, Suite 204. He also will be seeing patients at the hospital’s Wound Healing Center. Appointments may be made by calling 419-354-3271.

Brian Chinavare, MD, is a board certified ophthalmologist with 10 years of extensive experience in general ophthalmology,



Brian Chinavare, MD

cataracts and corneal disease. Dr. Chinavare obtained his medical degree at the University of Michigan Medical School, and completed an internship in

Transitional Internal Medicine at St. Joseph Mercy Hospital, Ann Arbor, Michigan, and his residency at Case Western Reserve University, Cleveland, Ohio. Dr. Chinavare joined the practice of Robert G. Neville, M.D. at Vision Associates, 970 W. Wooster, Suite 221, Bowling Green. Appointments may be made by calling 419-354-3924.

For information about these and other members of the Wood County Hospital medical staff, visit www.woodcountyhospital.org, or call the WCH Physician Referral Line at 419-373-4195. ■

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Wellness Programs

Wood County Hospital is committed to improving the health and wellness of community members of all ages by providing health education, health screenings, and weight loss and aquatics programs. Listed below are some of the programs we offer. For a more complete list and to register, visit us online at www.woodcountyhospital.org or follow us on Facebook. You can also call us at (419) 354-8887.

Presentations and Events

Look Good...Feel Better

Thursday, March 22 6:00 – 8:00 pm
A free beauty workshop for women with cancer led by trained cosmetologists on how to understand and care for changes in the skin and hair that may occur during treatment. To register, call the American Cancer Society at 419-888-227-6446.

Diabetes Health Fair

Saturday, April 28 9:00 a.m. – 1:00 p.m.
Presentations, cooking demonstrations, samples and information for diabetics and their families.

Kids Health and Safety Fair

Saturday, April 28 8:30 – 11:30 am
Activities and information for the whole family designed to introduce kids to wellness and safety concepts. Location: Wood County Fairgrounds.

Personal Safety/Self-Defense Class

Saturday, April 14 9:00 am – 1:00 pm
Learn prevention strategies and self-defense techniques taught by officers from the Bowling Green Police Department that can be used to reduce the effects of personal assaults. All ages are welcome!

Personalized Knee Replacement Surgery

Wednesday, June 6 6:00 – 7:30 pm
Carlos Gomez, MD, Orthopaedic Surgeon will discuss the latest technology used for personalized knee replacement surgery at Wood County Hospital.

Weight Loss Programs

Choose to WIN

Learn how to lose weight and keep it off through a customized eating plan. Weekly meetings led by a registered dietitian are held every Saturday from 10 to 11:00 a.m. A one-time “roll-in” information session is required to begin the program. For more information, call 419-354-8887.

- Session 1 Roll-In Class
Saturday, April 7 11:15 am – 12:30 pm
- Session 2 Roll-In Class
Saturday, May 5 11:15 am – 12:30 pm

Weight Loss Surgery Information Session

Peter F. Lalor, M.D. and members of the Center for Weight Loss Surgery team will discuss obesity and the weight loss surgery options available at Wood County Hospital. For more information, call 419-373-7699, option 4.

Saturday, March 17	9:00 – 11:00 am
Tuesday, March 20	7:00 – 9:00 pm
Tuesday, April 17	7:00 – 9:00 pm
Saturday, April 21	9:00 – 11:00 am

Health Screening

As part of its “Know Your Numbers” series, the WCH Wellness Center is offering free health screenings to help you take charge of your health. Pre-registration is required for each event. Call 419-354-8887 to reserve your appointment.

Blood Glucose Screening

Wednesday, March 14 10:00 a.m. – noon

Fasting Total Cholesterol

Wednesday, April 11 10:00 a.m. – noon

Dermascan – Sun Exposure Screening

Tuesday, April 17 5:30 – 7:00 pm
Location: Bowling Green Community Center

Positively Pink

Women’s Safety: Don’t be a Victim to Crime

Thursday, May 10 6:30 – 9:00 pm
Presenters from the Bowling Green Police Department and the Better Business Bureau will present ways you can protect yourself from identity theft, internet and door-to-door scams and physical violence.